Lawrence is a qualified Epidemiologist and Biostatistician appointed as a Fellow of the American College of Epidemiology and a registered Statistician with the Statistical Society Australia. With a Psychology background and having been researching Behavioural Addiction, he is passionate about promoting mental health across the lifespan through evidence-based strategies with his skills in Epidemiology and Statistics.

Lawrence has received training in many disciplines including Medical Sciences specialising in Pharmacology, Applied Psychology, Public Health, Epidemiology, and Medical Statistics. As an academic and a practitioner of Epidemiology and a qualified Medical Statistician with a psychological background, he worked as a Hospital Epidemiologist and a Statistician at the Royal Alexandra Hospital for Children, Sydney (Children's Hospital at Westmead), Australia for 15 years. His work covered a range of research areas including Paediatric and Adolescent Mental Health, Risky Health Behaviours among young people, Psychometrics, and Behavioural Addiction.

Lawrence has developed very strong working relationships with many clinical colleagues as well as other researchers throughout the years. In the area of chronic disease, he provided Epidemiological and Biostatistical consultations to the Cunningham Centre of Palliative Care at the St. Vincent Hospice, as well as an invited member of the Management Advisory Committee, The Collaborative Group for Improving Palliative Care through Clinical Trial (ImPaCCT) NSW. He was also an epidemiological and statistical consultant to the Nursing Research Institute, St. Vincents & Mater Health Sydney, and Australian Catholic University. He has also developed international research collaborations in the areas of Behavioural and Social Epidemiology and Child and Adolescent Mental Health. He was a founding member of the Hong Kong Society of Behavioural Health and was appointed the society's first Vice President in 2014-15. His collaborators include Public Health and Mental Health professionals in China, Korea, Australia, Canada, the US, and Singapore.

In terms of research outputs, he has U S